

MANAGE YOUR BLOOD SUGAR LEVEL WITH NUTRILITE™ GLUCOSE HEALTH



Take the Nutrilite Glucose Health with a nutritious low-calorie diet and moderate exercise to help maintain healthy blood glucose levels and tackle weight management.

Specially formulated from chromium picolinate, Glucose Health is necessary for the body's utilisation of fats, proteins and carbohydrates – important for maintaining healthy blood sugar levels and weight management. It also combines a blend of garcinia cambogia, gymnema sylvestre and vanadium which helps the body metabolise the food we eat and prevents the storage of excess fats.



Your Blood Glucose Regulator

Why is it important to maintain healthy blood glucose levels?

- **When blood sugar levels are persistently high**, the body's cells may develop resistance to insulin and stop responding to insulin as effectively. This puts you at a higher risk of Type 2 diabetes.
- High blood glucose levels, if poorly managed, can lead to stroke, heart diseases, kidney failure and blindness.
- There is a limited range of blood sugar levels in which the brain can function normally.
- Stable blood sugar levels significantly reduces the risk of developing diabetic complications at a later date.

Imbalanced blood glucose levels can lead to prediabetes. This puts you at a higher risk of Type 2 diabetes, with complications such as heart and kidney diseases and nerve damages.

Your Weight Watcher

Whenever there is more glucose than what the body immediately needs, our liver cells convert the excess sugars to fat for storage, which is why overeating makes us gain weight. This will then increase our body's resistance to insulin, leading to higher blood glucose levels when it is not being absorbed into our cells.



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Why Nutrilite Glucose Health?

Key Ingredients	Benefits
Chromium Picolinate	Regulates insulin in the body
Garcinia Cambogia	Increases fat utilisation during exercise
Vanadium	Supports glucose oxidation and glycogen synthesis in the liver
Gymnema Sylvestre	Helps lower bad cholesterol levels
Parsley Extract	Acts as an antioxidant

Who Benefits from Nutrilite Glucose Health?

Everyone above 12 years old! Particularly those who are:



Overweight



Trying to maintain healthy blood sugar levels



Practicing unhealthy diet and lifestyle habits

So, use Glucose Health to:



Control cravings by regulating appetite



Curb unhealthy snacking



Optimise body metabolism, ultimately reducing excess fats

References

- <https://www.healthline.com/health/diabetes-and-pancreas>
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