

bodykey

by NUTRILITE™

Fuel Your Body, Anywhere, Anytime! Meal Replacement Shake



Balanced & Complete
Nutritious Meal

Supports Weight
Management Efforts

Instant On-the-Go
Nutrition

Curbs Hunger,
Satisfies Cravings



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FORMULA DIETARY FOOD
MAKANAN PENDIETIAN BERFORMULA
Nutritious Meal Replacement Shake

MILK TEA FLAVOUR

Per Serving Contains 17g Protein, 5g Fibre, 22 Vitamins and Minerals

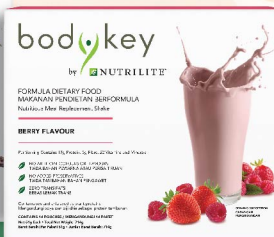
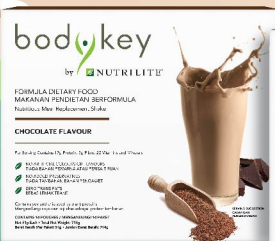
- NO ARTIFICIAL COLOURS OR FLAVOURS
TIDAK BAHAN PEWARNA ATAU PERISA TRIJUAN
- NO ADDED PRESERVATIVES
TIDAK TAMBAHAN BAHAN PENGAWET
- ZERO TRANS FATS
BEBAS LEMAK TRANS

Contains soy and chia seed as plant proteins
Mengandung soya dan biji chia sebagai protein tumbuhan

CONTAINS 14 POUCHES / MENGANDUNGI 14 PAKET
Net 51g Each * Total Net Weight: 714g
Berat Bersih (Per Pakej) 51g * Jumlah Berat Bersih: 714g



SERVING SUGGESTION
CADANGAN PENYAJIAN



Also available in 3 other flavours!

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*Limited Time Only,
while stocks last.

Each serving of **BodyKey Meal Replacement Shake** contains:



5g FIBER



**22 VITAMINS
& MINERALS**



**17g
PLANT
PROTEIN**



**370mg
CALCIUM**



**205
CALORIES**



A vegetarian-friendly shake made with non-GMO soy protein, zero trans fats. No artificial preservatives, sweeteners, flavours, colours added. Halal. Gluten Free. Kosher.



Balanced & Complete Nutrition Meal

Each serving meets 1/3 of your daily nutrition requirement. It is packed with 22 types of vitamins and minerals, containing 5g fibre, 370mg calcium.



Curbs Hunger, Satisfies Cravings

Delicious and nutritious drink to keep you full and satisfied. Each serving contains 17g of protein, with 4 different flavours to choose from.



Supports Weight Management Efforts

Manage your weight with portion-controlled, low-calorie option. Each serving contains only 205 calories!



Instant On-the-Go Nutrition

Quick & hassle-free meal solution, ready in less than 1 minute! Prepare it anytime, anywhere.



Consume & Enjoy The Positive Effects

FOR HEALTHY WEIGHT LOSS



**Overweight
or Obese**
BMI $\geq 23.0\text{kg/m}^2$



2 servings per day
(Replacing *2 heaviest meals of the day – breakfast, dinner) AND 1 serving of well-balanced meal

FOR HEALTHY WEIGHT MAINTENANCE



Normal Weight
BMI 18.5-22.9kg/m²



1 serving per day
Replacing 1 heaviest meal – breakfast/ lunch/ dinner AND 2 servings of well-balanced meal

FOR HEALTHY WEIGHT GAIN



Underweight
BMI $\leq 18.5\text{kg/m}^2$



1-2 servings per day
As snacks or supplementing for complete nutrition AND 3 servings of well-balanced meal

The BMI ranges are based on Health Hub, 2023

It's Not A Diet, It's A Lifestyle Change



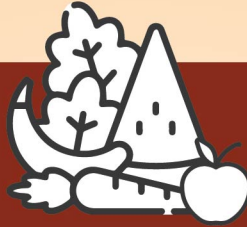
The 6 lifestyle areas that can make a significant difference in long-term weight management.

- DIET** : Supplement with Nutrilite products to balance your daily nutrition intake.
- MEALS** : Plan your meals using “My Healthy Plate”.
- ACTIVITY** : Exercise at least 150-300 minutes per week.
- STRESS** : Reach out to your family and friends. Studies show social support helps to reduce stress.
- SLEEP** : Have sufficient rest of 7-9 hours a night.
- MINDSET** : Think positive to increase your commitment as you adopt new lifestyle habits.

How To Use



Mix one pouch of BodyKey Meal Replacement Shake with 250ml of water.



Personalise your shake by adding your favourite fresh fruits and vegetables to the mix.



Integrating this product into your meal plan twice a day will prove effective for better weight management (alongside moderate exercise).

Advisories and Precautions

Children under 12 years of age, pregnant women, nursing mothers, or anyone with a medical condition should consult a physician before using this product.

Storage

Keep in a cool and dry place.

Weight

14 pouches x 51g

Ingredients

Please refer to the individual flavours for their ingredients list.

Expiry Date

The expiry date is printed on the product packaging.



SHOP NOW

The BodyKey Meal Replacement Shake's nutritional label states that it has 22 vitamins and minerals. The Shakes also contain chromium, selenium and molybdenum. But, due to local regulatory requirements, these 3 ingredients are not shown on the label as all said ingredients are in lesser amounts.