



BodyKey Mentor Trim & Fit Challenge



Now – August 2022

Weigh-out: March – August 2022

Have you been embarking on your fitness journey? Remember to book your weigh-out appointment. It's the last month to weigh-out!

Last Month

To Weigh Out

For more info:



WHEN

Program Period



| July | | | | | | |
|------|----|----|----|----|----|----|
| Su | M | Tu | W | Th | F | Sa |
| | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| 31 | | | | | | |

| August | | | | | | |
|--------|----|----|----|----|----|----|
| Su | M | Tu | W | Th | F | Sa |
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | | | |



June 2022

Period 1

Weigh-out: **3 Aug – 11 Aug 2022**

11.15am – 3.00pm

4.00pm – 7.30pm*

Period 2

Weigh-out: **10 Aug – 18 Aug 2022**

11.15am – 3.00pm

4.00pm – 7.30pm*

Weigh-out: Allow measurement taken 5 days prior actual weigh-out date (60th day from weigh-in)

*** Measurement for weigh- in/ out are required to be taken within the scheduled dates. Weigh-out measurements taken out of 60 days range would not be recognized and team members would be disqualified from the BodyKey Trim & Fit Challenge**

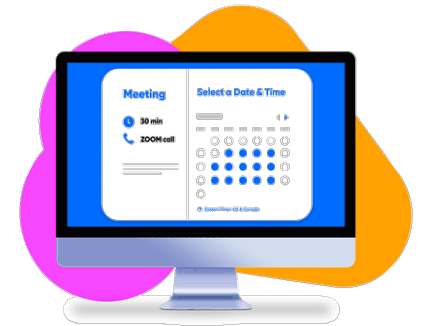
*Last appointment - 7.30pm

Booking of Appointment



Book Your Appointment

- URL:
<https://calendly.com/bodykeymentorchallenge2022>
- Choose your desired weigh out slot
- A confirmation of the appointment will be sent to you (via email/ SMS)



Note: All participants are required to book an appointment via Calendly in advance before proceeding to Amway City Shop for weigh out.

- Participants without prior appointment confirmation via Calendly will be denied.
- Be punctual for the appointment. Late arrival may result in refusal of measurement. If an appointment is late by 10 minutes or more, please rebook the appointment.



Winning Criteria

What

About the challenge



Tier 1

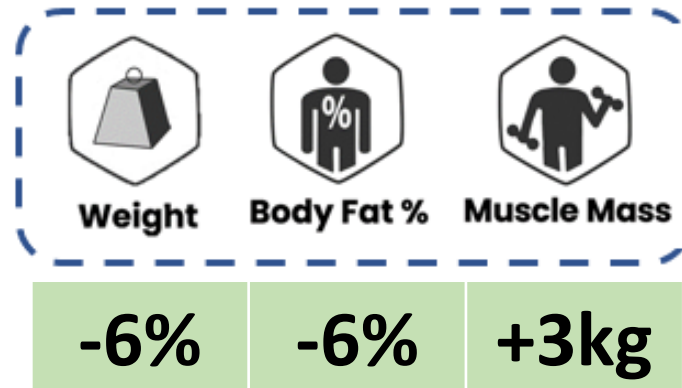


All participants under same team who weigh-in are required to weigh-out in the stated weigh-out period.

Refer to terms & conditions for full details



Winning Criteria



Each participant must achieve individual minimal requirement:

- 1% loss per participant for Weight
- 1% loss per participant for Body Fat
- 500g gain per participant for Muscle Mass

Example:

During Weigh-in

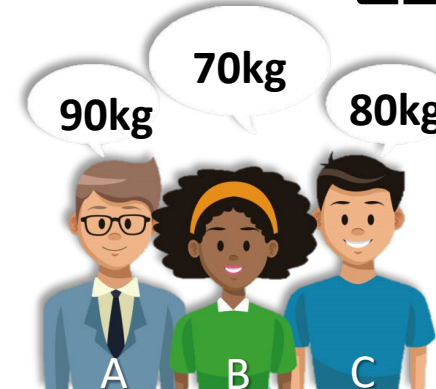
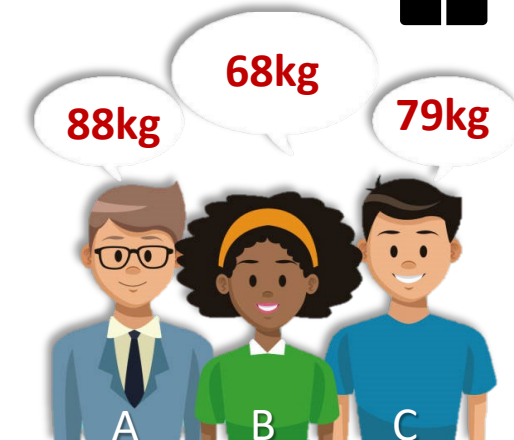


Photo submission:
Weigh-in & weigh-out

During Weigh-out



What

About the challenge

WIN PRIZES

Tier 1






Refer to terms & conditions for full details



GET FITTER TO WIN MORE

Criteria:

| | | |
|-----------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|
|  Weight |  Body Fat % |  Muscle Mass |
| -6% | -6% | +3kg |



Individuals must meet min requirement as a team to win tier prizes.

Each team member can win one set of following items:



**Total worth
RP\$412.50
per team**

Each set includes: Bodykey x Under Armour Sling Bag (1ea) and Nutralite Mixed Collagen Peptide Drink(1 box).

What

About the challenge



Tier 2

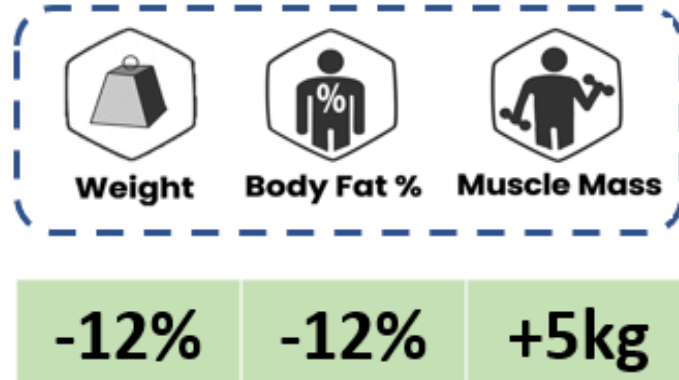


All participants under same team who weigh-in are required to weigh-out in the stated weigh-out period.

Refer to terms & conditions for full details



Winning Criteria

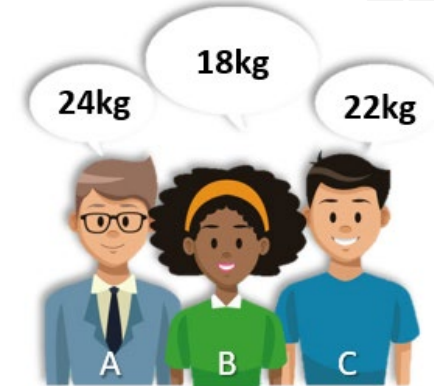


Each participant must achieve individual minimal requirement:

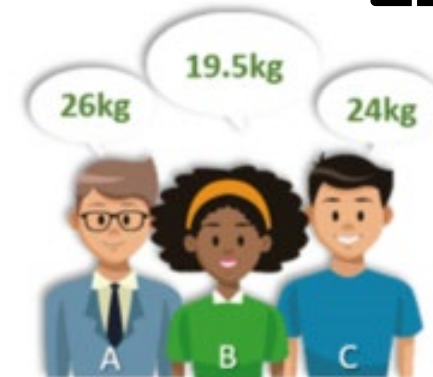
- 2% loss per participant for Weight
- 2% loss per participant for Body Fat
- 1kg gain per participant for Muscle Mass

Example:

During Weigh-in



During Weigh-out



What

About the challenge

WIN PRIZES

Tier 2






Refer to terms & conditions for full details



GET FITTER TO WIN MORE

Criteria:

| | | |
|------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|
|  Weight |  Body Fat % |  Muscle Mass |
| -12% | -12% | +5kg |



Individuals must meet min requirement as a team to win tier prizes.

Each team member can win 1 set of following items:

**Total worth
RP \$1,422
Per team**



Each set includes: Under Armour Sling Bag (1ea), Mixed Collagen Peptide Drink (2 boxes), 14 Night Reset Program (7 vials). Bodykey sport accessories set (yoga mat, stretching band, pouch)

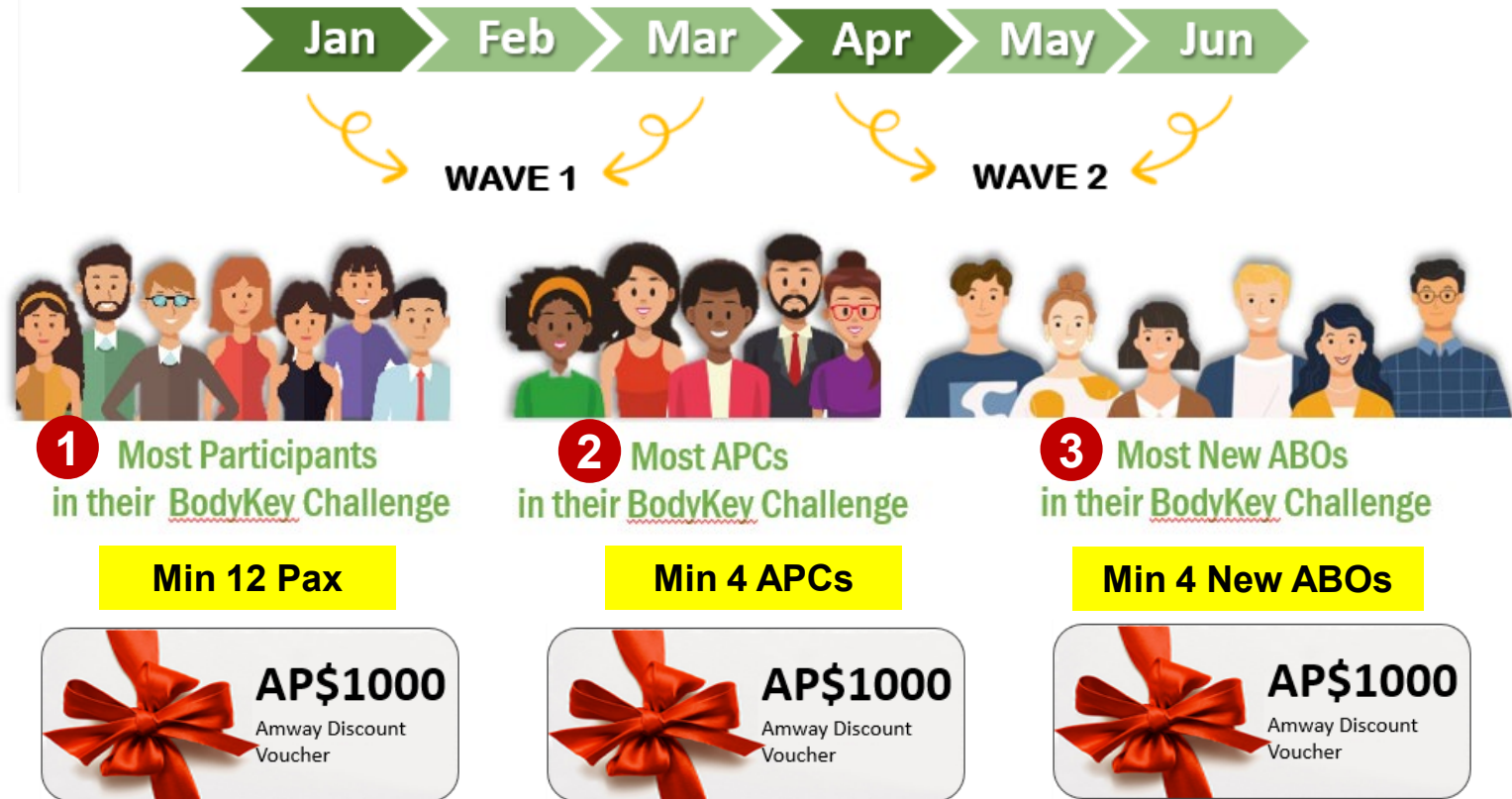
What About the challenge



BodyKey Qualified Mentors

Refer to terms & conditions for full details

Grand Prize Challenge – 3 Categories (For Qualified Mentors only)



ALL PARTICIPANTS MUST WIN MINIMUM TIER 1

Criteria to participate in grand prize challenge

In each wave 1 and/ or wave 2 period:

- Each qualified mentor require to form minimum of 3 teams including 3 new ABOs/ APCs
 - New ABO/ APC refers to those who registered from 1 January 2021 to 30 June 2022
- At least 3 teams meeting minimum of tier 1 criteria

What

About the challenge



BodyKey Qualified Mentors

Refer to terms & conditions for full details

Grand Prize Challenge

(For Qualified Mentors only)

1 Grand Prize AP \$1000 (Per Category)
Total 3 Grand Prize with total worth AP \$3000
(in each wave 1 & 2)

In event of a tie in grand prize challenge, following criteria will be applied to determine the final winner.

- Highest number of participants who met Tier 1
- Highest number of participant who met Tier 2 (applicable if a tie is resulted based on #a)
- Highest total weight loss (kg) of participants who have met minimum tier 1 (applicable if a tie is resulted based on #b)



Thank You!
See you at the challenge!

Please click here to view Terms and Condition



BodyKey 合格导师 修身 + 体能挑战

 **从现在开始至8月**

赛后测量: 2022年3月至8月

你已经开始健身之旅了吗，记得预约您的赛后测量。这是赛后测量的最后一个月了！

**赛后测量
最后一个月！
千万别错过！**

详细信息:



第2波

时期

挑战时期



赛前测量

赛后测量

| July | | | | | | |
|------|----|----|----|----|----|----|
| Su | M | Tu | W | Th | F | Sa |
| | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| 31 | | | | | | |

| August | | | | | | |
|--------|----|----|----|----|----|----|
| Su | M | Tu | W | Th | F | Sa |
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | | | |

详细内容请查看条件与条款



2022年6月

第1时期

赛后测量: 2022年8月3日 - 8月11日

11.15am - 3.00pm

4.00pm - 7.30pm*

第2时期

赛后测量: 2022年8月10日 - 8月18日

11.15am - 3.00pm

4.00pm - 7.30pm*

赛后测量: 可在正式赛后测量日期前5天进行测量 (赛前测量后的第60天)

* 赛前赛后测量必须在指定日期内进行。超过时期 (赛前测量后的60天) 进行赛后测量将不被认可, 并且团队将会被淘汰。

*最迟预约时间 - 7.30pm

预定测量日期

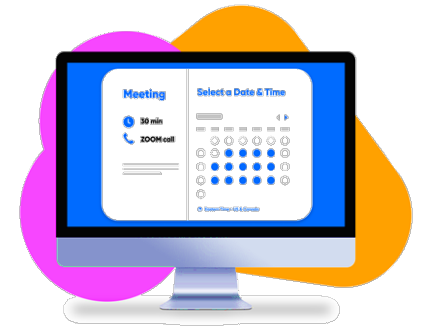


预定您的赛后测量日期

- 链接:
<https://calendly.com/bodykeymentorchallenge2022>
- 选择测量时隙
- 您将会收到确认电子邮件 / 短讯

Calendly

若您没能在预约时间后的10分钟内到达，您的预约将自动取消。



注：所有参赛者必须在前往安利新加坡城市专卖店提前通过 Calendly 预约测量时隙。

- 未收到预约确认的参赛者将被拒绝。
- 请您准时到达，若您迟到10分钟以上，您将有可能被拒绝测量。若您不能在预约时间后的10分钟内到达，请您重新预约。

详细内容请查看条件与条款



获胜条件

关于

挑战内容

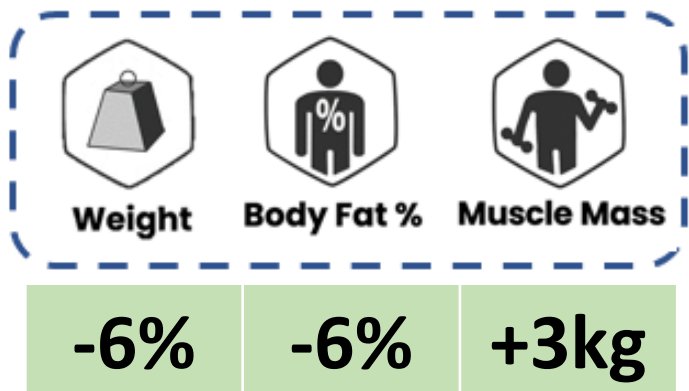


所有同队参赛者需要指定时期进行赛前测量以及在指定时期进行赛后测量。

详细内容请查看条件与条款



获胜条件

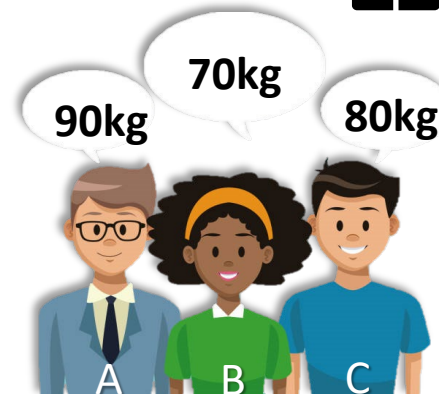


每名参赛者需达到以下要求:

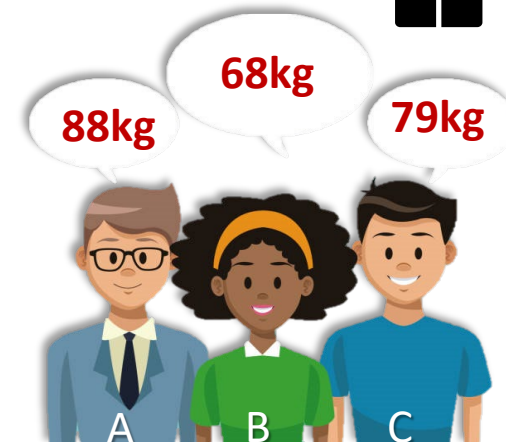
- 每名参赛者减少至少 1% 体重
- 每名参赛者减少至少 1% 体脂
- 每名参赛者增加至少 500 公克肌肉量

例子:

赛前测量时



赛后测量时



关于

挑战内容

WIN PRIZES

第1级别



详细内容请查看条件与条款



越变越健康，赢得越来越多

条件:



Weight



Body Fat %



Muscle Mass

-6%

-6%

+3kg

团队的每名参赛者需达到最低要求才能赢得奖励。

每名队员可赢得以下礼物一套:



价值
RP \$412.50
每队

每套包括: Bodykey x Under Armour 抽绳包 (1 个) 以及综合胶原蛋白肽饮品 (1 盒)

关于

挑战内容

第2级别



所有参赛者需要一起进行赛前测量以及在指定时期一起进行赛后测量。

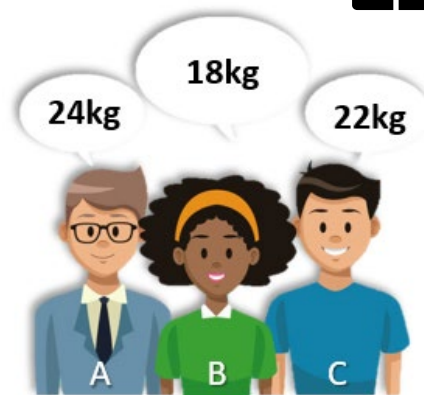
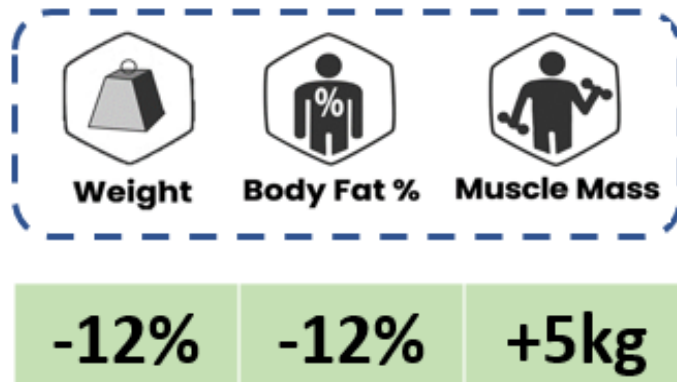
详细内容请查看条件与条款



获胜条件

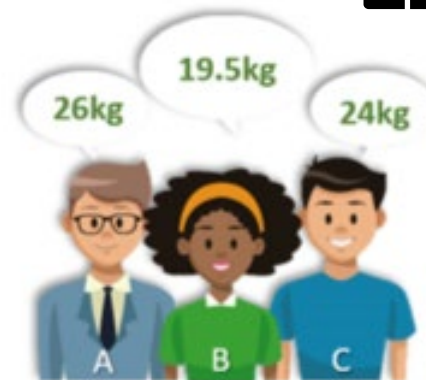
例子:

赛前测量时



提交照片: 赛前测量以及赛后测量

赛后测量时



每名参赛者需达到以下要求:

- 每名参赛者减少至少 2% 体重
- 每名参赛者减少至少 12% 体脂
- 每名参赛者增加至少 1 公斤肌肉量

关于

挑战内容

第2级别

WIN PRIZES



详细内容请查看条件与条款



越变越健康，赢得越来越多

Criteria:



Weight

-12%



Body Fat %

-12%



Muscle Mass

+5kg



团队的每名参赛者需达到最低要求才能赢得奖励。

每名队员可赢得以下礼物一套:

价值
RP \$ 1,422
每队



X7 瓶

bodykey
by NUTRILITE

ACCESSORIES



每套包括: Under Armour抽绳包 (1个), 综合胶原蛋白肽饮品 (2盒), 免疫力保健包 (1盒), 肌因14 活肤重设组 (7个小瓶子). Bodykey 运动配件 (瑜伽垫, 弹力带, 腰包)

关于

挑战内容



BodyKey 合格导师

详细内容请查看条件与条款

大奖挑战 - 3 个类别 (权给合格导师)

Jan

Feb

Mar

Apr

May

Jun



第1波



最多参加挑战的
人数

至少 12 人



AP\$1000

Amway Discount
Voucher



最多参加挑战的
APCs

至少 4 APCs



AP\$1000

Amway Discount
Voucher



第2波



最多参加挑战的新
ABOs

至少 4 新 ABOs



AP\$1000

Amway Discount
Voucher

每名参赛者需要赢得第1级别

参与大奖挑战的条件

在第1波以及/或第2波时期内:

- 每位合格导师需要组合 3 个不同的队伍, 全部队伍应有一共至少 3 位新 ABOs/APCs
 - 新 ABO/ APC 需是在 2021年1月1日到 2022年6月30日内报名
- 至少 3 个队伍获得第1级别奖励

关于

挑战内容



BodyKey 合格导师

详细内容请查看条件与条款

大奖挑战 (权给合格导师)

1 大奖 AP \$1000 (每个类别)
总共价值 AP \$3000 的 3 个大奖
(在 Wave 1 以及 Wave 2)

若大奖挑战出现平局，将使用以下标准来决定最终获胜者。

- 最多达到第1级别奖的总人数
- 最多达到第2级别奖的总人数 (如果 #a 也是平局)
- 达到至少第1级别参赛者减轻的总体重 (如果 #a 与 #b 是平局)



谢谢！
挑战时见！

[查看条款与条件](#)